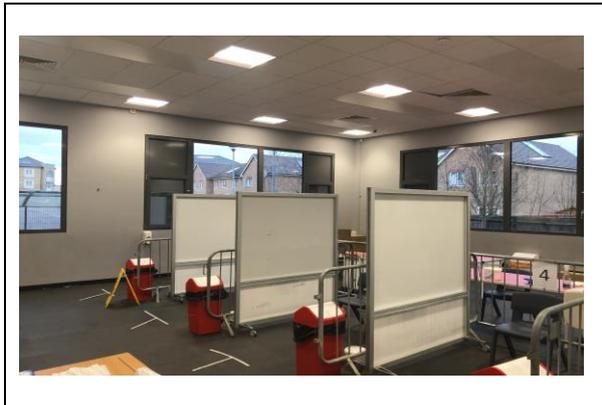


Thursday 4 March 2021

Frequently Asked Questions – Lateral Flow Tests

To help you please read the following important information below regarding your son/daughter's tests over the next few weeks. We ask if you could find some time over the coming days to go through it with them in support of our safe return to school.

Where should my son / daughter go when they arrive at school?



Students should arrive through the normal green pedestrian gate where they will be met by a member of staff and directed to the test centre, sports hall building/activity studio. If you are dropping your son / daughter and waiting for them whilst they are being tested, please park considerably and away from the school using the car park in Upton Court Park.



How will my son / daughter leave school?

Students will leave school via the normal pedestrian green gate. It is important that students go straight from home to their test and back again afterwards to return to their work on Teams. They should not be mixing with other students unless it is necessary on their journey to / from school to ensure their safety and the safety of others.

What if my son/daughter is part of the on-site provision and has attended school during lockdown?

If the day of testing is a day your child would normally attend school as part of our on-site provision they should attend in the normal way.

We will remind them of the time of their test and they will go and join the queue for testing with their year group peers. All students who have attended school have been regularly tested and so will be used to the process. Monday, 8 March is an Inset Day so no on site provision is available.

How long will the test take?

Whilst the testing process only takes a few minutes for each student, they may be at school for up to half an hour as we need to ensure they are registered correctly and that it is safe for them to enter the test site without any overcrowding. Please note that the times given indicate their arrival time at school and not necessarily the time of the test.

Should my son / daughter wear school uniform?

Students are expected in full school uniform including for their tests as the school is in session and lessons have commenced for other years. This

includes their first test on Monday 8, Tuesday 9 and Wednesday 10 March.

When should my son / daughter not come into for a test?

Your son / daughter should not come for their test if they are unwell and / or they are displaying any Covid-19 symptoms.

Students should also not come into school or a test if they are currently required to self-isolate, e.g. due to being a close contact of a confirmed case. Please note that school Lateral Flow Testing is ONLY to allow us to determine those who may be Covid-19 positive and display no symptoms.

It is VERY important that you do not send your child to school if they have a high temperature, new and persistent cough and/or a loss of taste and smell.

Will my son / daughter need to wear a facemask?

Students will need to wear a facemask on their journey to / from school if they are travelling by public transport.

They will also need to wear a facemask when they enter the school, are waiting for their test and straight after their test. Please plan for your child to always have a mask on them, plus spares just in case one is misplaced.

Is consent for testing required?

We will check that we have consent for each student being tested, so please ensure that you have completed the consent form, or your son/ daughter will be sent home without being tested.

If you have not provided consent for testing yet, please complete the Covid-19 Testing Consent Form which can be found on our website.

How do I prepare my son / daughter for the test?

We appreciate that not all students have been tested before and that some students will be anxious about their test. Please go through the leaflet at the end of this letter (Appendix 1) to support your child.

Our test centre is in the Sports Hall building. We will ensure that some staff are available that your child is familiar with on the date of testing.

Students will not be tested if they are not ready but we would encourage all students to come in for a test as in our experience students have felt more comfortable once they are in the testing centre.

How will I receive test results?

You will receive your son / daughter's test results via text message and email the same day as their test. The test results will be sent to the email address / phone number that you provided to the consent form.

If your son / daughter tests positive, we will call you as soon as we are aware of this.

What if my son / daughter tests positive?



We will know within 30 minutes of completing the test if we have a positive result. If a test result is positive, we will manage this discreetly. You will be contacted and asked to collect your son/daughter from school for tests two and three.

Please note that a positive test result at school means that your son/daughter and all family members will have to isolate for 10 days following the date of the test, in line with current Government guidance. We will also perform a risk assessment to identify further close contacts who may need to isolate.

How will subsequent testing work?

Your son / daughter will receive a further two tests at school following their return to school in line with the dates set out in our previous letter.

Once three tests are complete, each student will be provided with a home test kit so they can test at home. We will provide further guidance to parents on home testing whilst the tests at school are being completed.

What day/time should my child arrive?

On the letter from the Principals' sent Wednesday 3 March there was an appendix that shows which years/groups attend and what time. Parents' have also been sent a school comms message as a reminder with the specific day and time for your son/daughter.

Can siblings from different years come into school together to be tested?

Unfortunately, this is not possible as we must maintain year group bubbles and keep students from different years apart in school even those from the same family.

Appendix 1 – Instructional Leaflet for Lateral Flow Tests

NHS
Test and Trace

HOW TO DO YOUR TEST

WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED

1

YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED



2

YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU



3

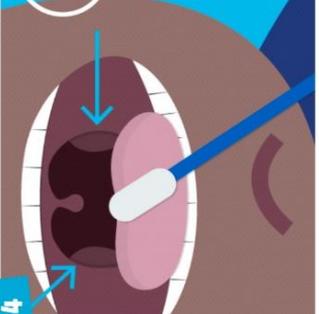
BLOW YOUR NOSE IF NEEDED, WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART



4

OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE

10 SECS



5

REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS



6

GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL, THIS WILL TAKE 10-15 SECONDS



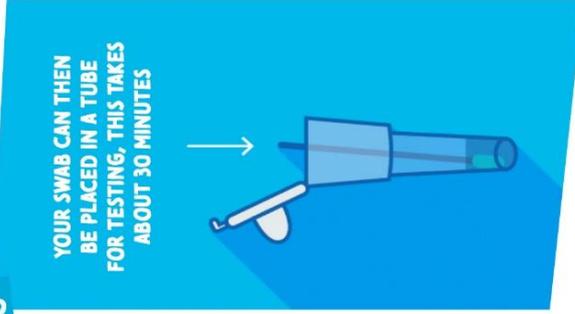
7

AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP



8

YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING, THIS TAKES ABOUT 30 MINUTES



9

YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT

